

How board games kept me sane during the pandemic

Fabien Rica
2022





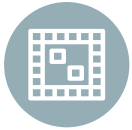
Quizz

Summary



Meeple

A playing piece used in board games to represent a player, kind of like a pawn



Miniature

Miniature model to represent warriors, vehicles, artillery, buildings, and terrain, made of plastic



BoardGameGeek

Online board gaming forum and game database



***“Is there something else
than Uno and Monopoly?
I would like to play with
my son and enjoy
moments without
screens.”***

—Fabien R., 2018



17

Games owned in 2019

100

Plays in 2018-2019

Covid-19: my 2-years timeline

- February 2020: First cases in Belgium
- 18 March - 5 April 2020: lockdown
- November 2020 - April 2021: lockdown
- 18 June 2021: My first vaccination shot (followed by 2nd in July)
- January 2022: Third shot
- February 2022: Relaxation of Covid regulations everywhere in Europe

4 622 723 CONFIRMED CASES

32 976 DEATHS IN BELGIUM

MASKS, NO OUTDOOR ACTIVITIES

ANXIogenic NEWS EVERYDAY

***“F*ck, I need to think
about something else.”***

—Fabien R., March 2020

5 things I did to stay mentally sane



STAY CONNECTED



JOURNAL



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FORM A HABIT



REMEMBER

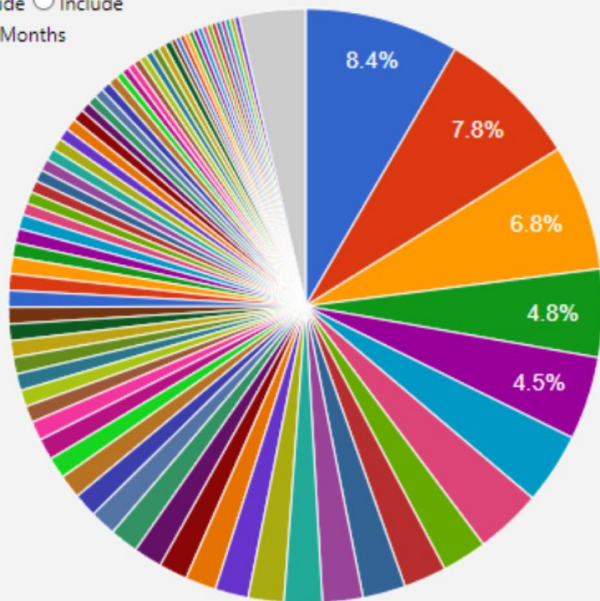
Games played from 2/2020 to 2/2022

Locations:

All

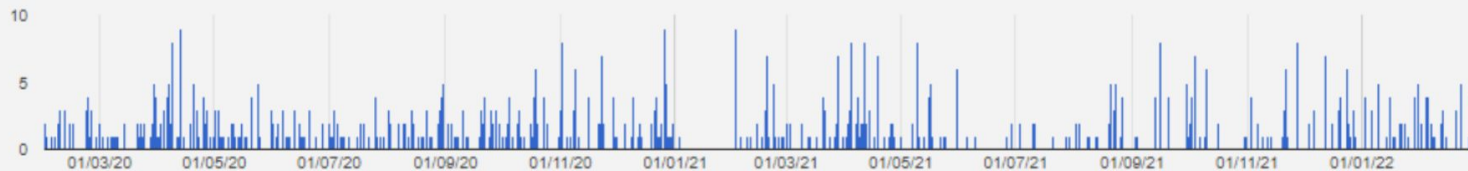
Expansions: Exclude Include

X-Axis: Days Months



- Diamant
- Sushi Go!
- Clans of Caledonia
- Kingdomino
- 7 Wonders
- Draftosaurus
- King of Tokyo
- HIT !
- 7 Wonders Duel
- Zombie Kidz Evolution
- Cross Clues
- 7 Wonders: Architects
- Nidavellir
- Demeter

▲ 1/6 ▼



Total plays: **774**

Unique games: **104**

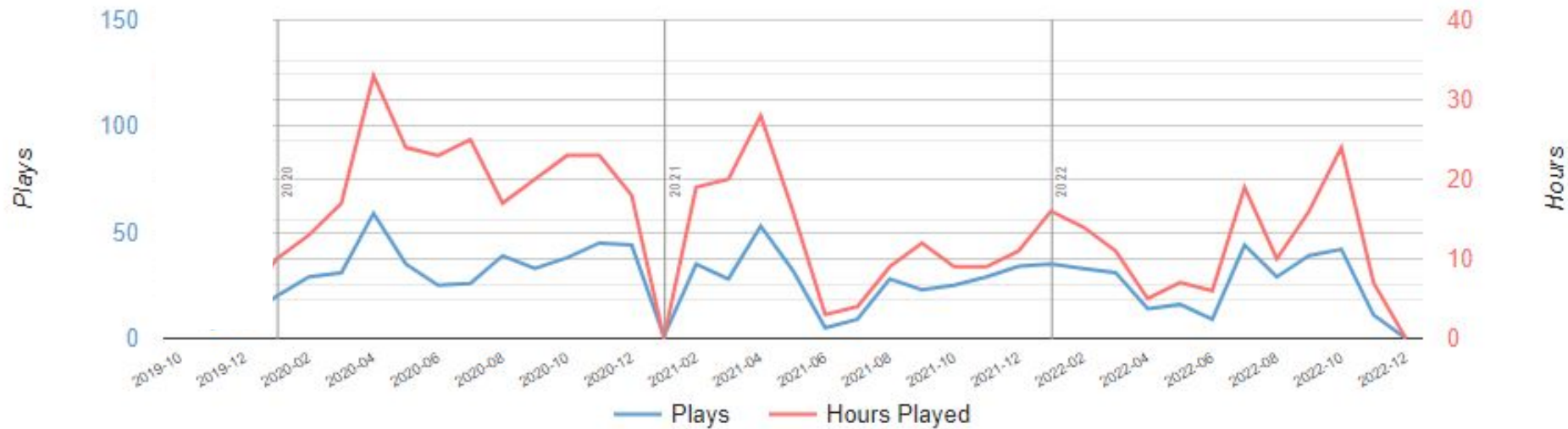
Hours played: **502.6**

New games played: **89**

[1 week](#) | [1 month](#) | [6 months](#) | [Year to date](#) | [1 year](#) | [max](#)

Custom range: to

Play History





65

Games owned

774

Plays between Feb 2020 - Feb 2022

131

Unique games played until today



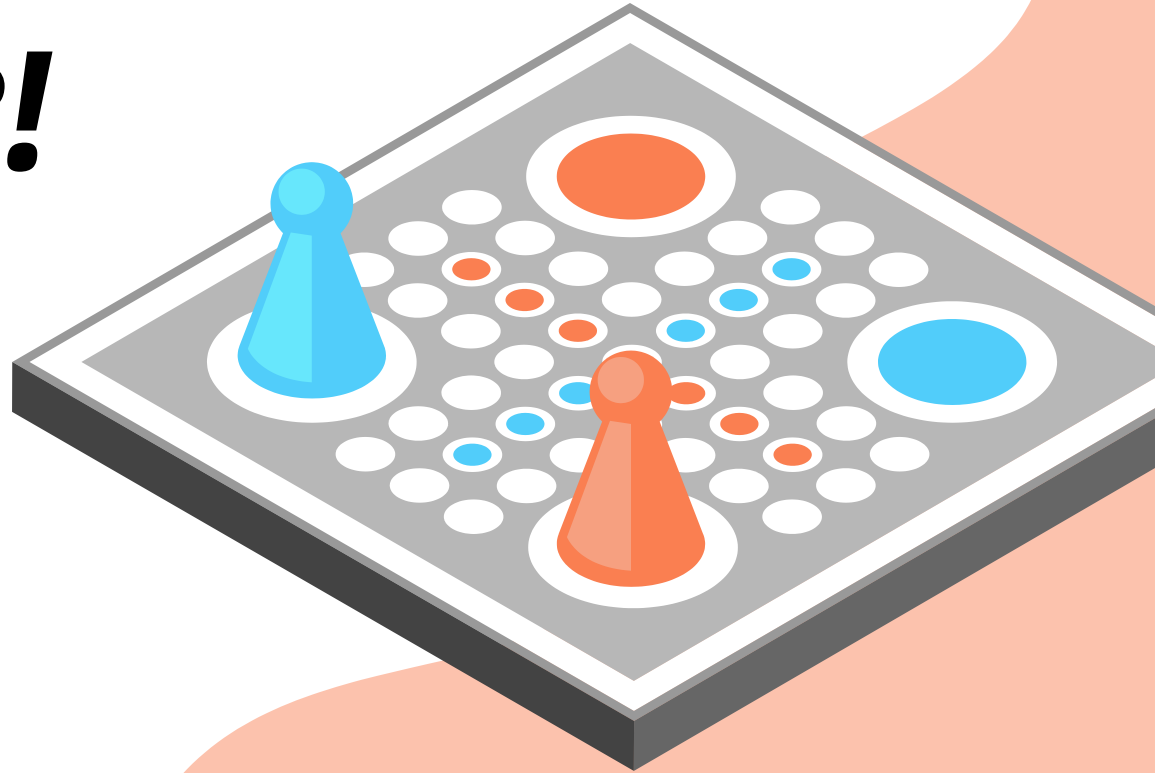
CONCLUSION

Games are a social activity that you can do at home, in a board game café, in a club, solo or with friends but also virtually on various platforms.

Share your stories about how games or any other hobby have helped you to get through this tough time!

THANKS!

- All friends, remote or not
- Board Game Arena



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